small performance adventures

We create performances, workshops and events with people who have been affected by life! (currently working with those in recovery)

TERMINAL UNIQUENESS is a project that aims to improve our mental health collectively through creative exploration of both what we have in common and what is unique about us. Originally planned as a live workshop project, it went online during the pandemic with a Facebook group where we asked people to share videos of the different coloured objects in their homes.

Starting with a group of artists in recovery in Brighton, it developed into an international project with contributions from as far away as Nigeria, USA, Pakistan, South Africa and Latvia. We ran several rounds of artistic commissions for artists in recovery and shared their work through Facebook watch parties. We also ran workshops for Manchester and Kingston Universities. In 2021, the project returned to a live format with a seed commission from The Spire in Brighton and a collaboration with The Railway Land Wildlife Trust in Lewes.

small

because not everything has to be big. The everyday can be profound and a magical

Terminal uniqueness gave me a creative focus and purpose when all other groups stopped through the Covid lockdown

Ro

Working on the terminal uniqueness project over the past year has been an immersive experience encouraging me to have faith in my own ability to contribute to group creations. Whether over zoom or face to face the sessions have consistently been exciting and have supported me out of my comfort zone whilst ensuring a feeling of safety and support.

Laura

INTERNATIONAL OVERDOSE AWARENESS DAY
small performance adventures work with arts and recovery organisations across England to create powerful performances as acts of remembrance and respect and to raise awareness of overdose on this annual event on 31st August every year. After our first performance in 2018, we performed simultaneously in Brighton and Bristol. In 2020 we created a film with three other cities and in 2021 we worked with six other cities to create a film with original music and movement.

A powerful way to work through difficult emotions non-verbally

Participant

What a beautiful group of humans, I wonder if my dad's story would have ended differently if he had a creative group around him

Audience member

It was so powerful and beautiful, I cried all the way through,. Really important work

Feedback on video

We come together to playfully create, knowing that all of life is a

performance

THE WASHING UP toured the UK in 2019. Created and performed by 15 artists in recovery, it explored the politics and practice of this everyday act with songs and audience participation. With an accompanying workshop programme we reached diverse audiences in theatres, universities, homelessness, youth and recovery settings to name but a few.

The Washing Up gave me the most incredible experiences of touring a performance across England, something that was beyond my wildest dreams"

Jax

Brilliant workshop! Anarchic, clever and very very funny

Nicola

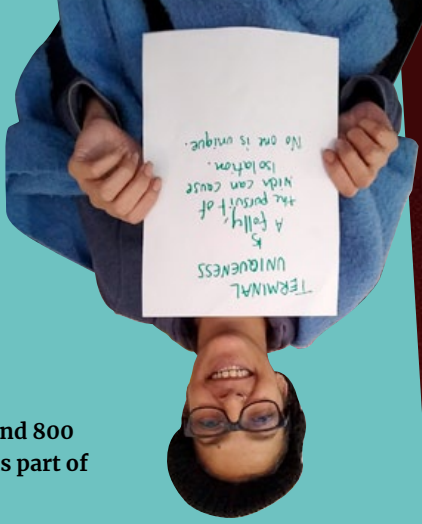
The Washing Up, one of my highlights of this year's Brighton Festival...a generous, ego-free ensemble performance, and the best of people's theatre.

Colin Grant, Guardian Writer.

We are always ready to go on adventures with tenacity, vulnerability and joy

In 2020 we...

- ★ delivered 60 (live and zoom) creative sessions with 145 participants
- ★ provided 30 paid artistic commissions for people in recovery
- ★ made 14 short films with digital audiences of over 20,000
- ★ created a Facebook group with a global reach and 800 members contributing to creative challenges as part of our Terminal Uniqueness Project
- ★ provided weekly support to 20 artists in recovery
- ★ created a digital outcome for International Overdose Awareness Day working with recovery organisations in 4 cities.
- ★ delivered one live performance event with a socially distanced audience



In 2021 we...

- ★ delivered 125 (live and zoom) creative sessions with over 250 participants
- ★ developed and piloted a new participatory performance creating personalised secular rituals for audience members with a seed commission from The Spire in Brighton
- ★ worked with ten creative recovery organisations for International Overdose Awareness Day and made a film with original music and choreography in seven cities in England with over 100 participants and digital audiences of over 30,000
- ★ delivered participatory sessions with our team of artists in recovery as part of our Terminal Uniqueness programme at Manchester and Kingston Universities and presented a workshop at The UK Social Pedagogy Conference

If you would like to work with us, please do get in touch:

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Or call our Artistic Director, Kate McCoy: 07786068462

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